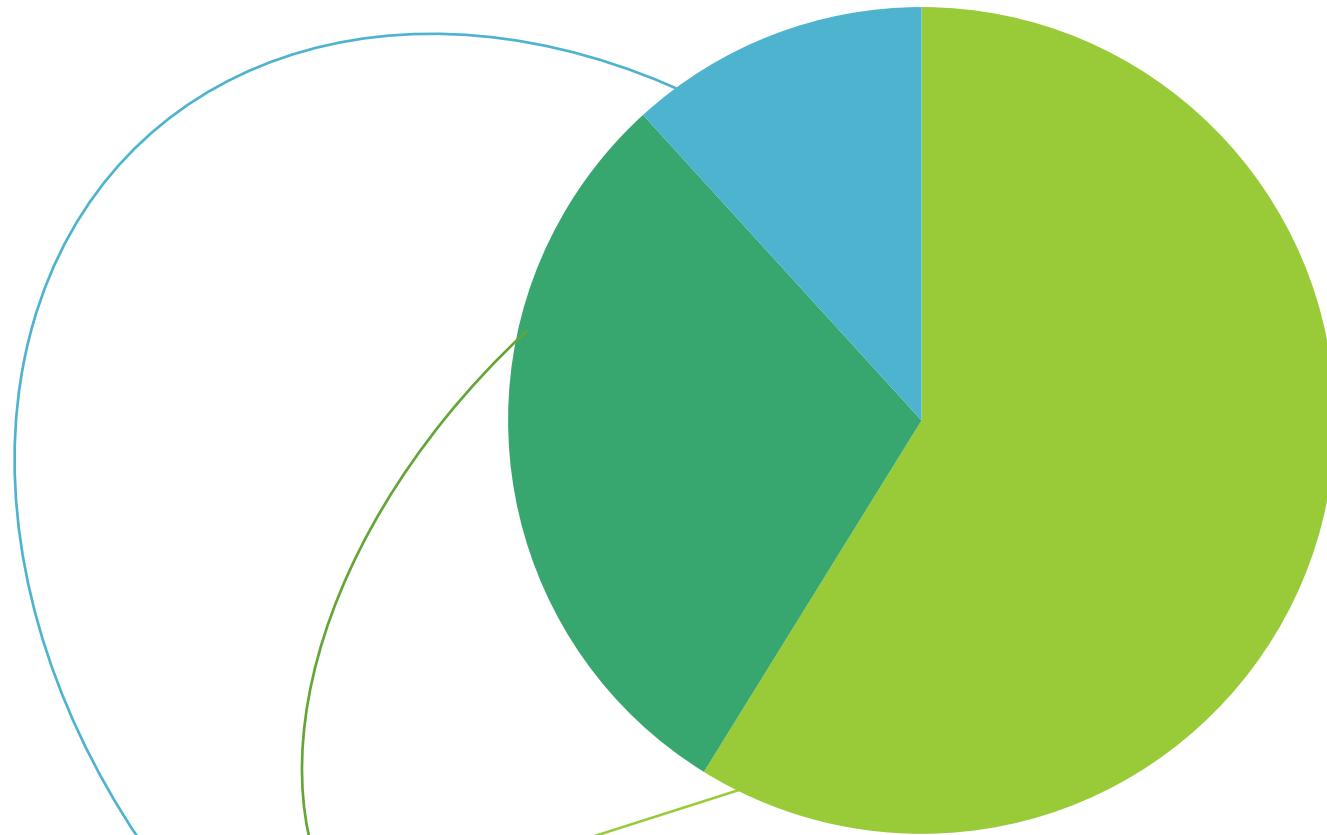




WELCOME BACK !

THREE WORST HUMAN FEARS



■ Speaking in front of a group

■ Dying

■ Speaking and dying in front of a group



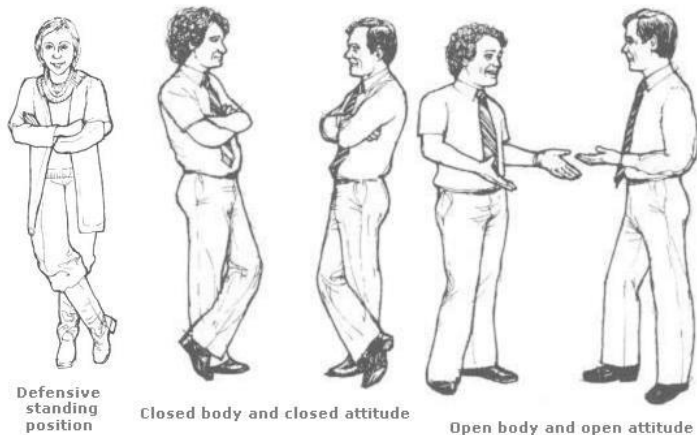


HOW CAN I OVERCOME THIS FEAR?

IMPORTANT THINGS TO KEEP IN MIND

NONVERBAL COMMUNICATION

- Gestures
- Posture
- Movement
- Facial expressions



VERBAL COMMUNICATION

- Voice
- Speed
- Volume
- Intonation





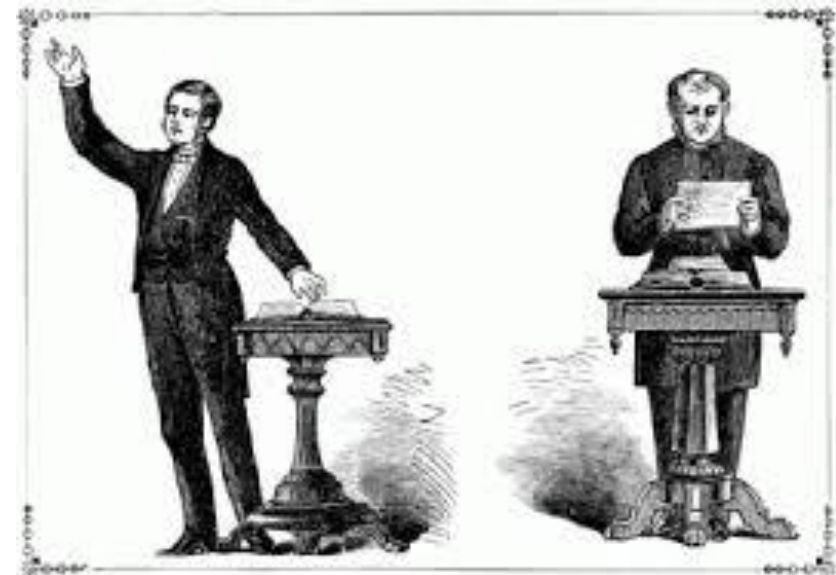
Defensive standing position



Closed body and closed attitude



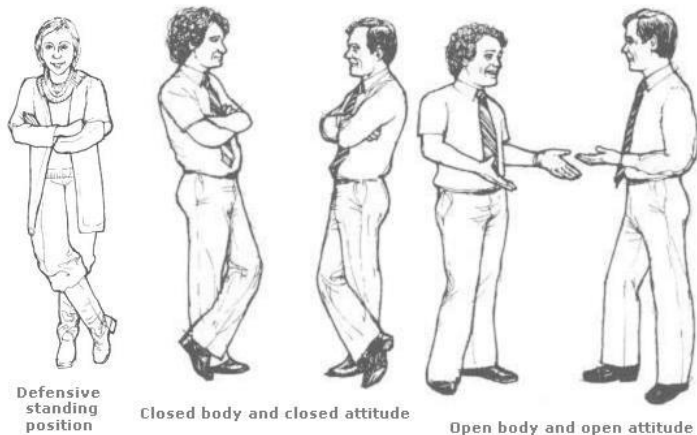
Open body and open attitude



IMPORTANT THINGS TO KEEP IN MIND

NONVERBAL COMMUNICATION

- Gestures
- Posture
- Movement
- Facial expressions



VERBAL COMMUNICATION

- Voice
- Speed
- Volume
- Intonation



The image features the words "TEAMWORK" in a bold, sans-serif font. Each letter is filled with a different color and has a visible paper-like texture. The colors are: T (orange), E (teal), A (yellow), M (dark blue), W (green), O (orange), R (teal), and K (yellow). The text is centered on a white, irregularly shaped background that looks like a piece of torn paper with a soft shadow underneath. The entire graphic is set against a plain white background.

TEAMWORK

TEAMWORK

- Communication
- Common Goal
- Support

**Let's
Count**



TEAMBUILDING ACTIVITY

NEGOTIATION and HOW TO SAY



- **Know your own values BUT accept and respect** other people's points of view
- Listen – **Think** – Speak
- Find a **compromise**



NEGOTIATION ACTIVITY

“FORUM THEATER”

